

**Curtis Counseling 719 Jadwin, #16,
Richland, WA 99352 Phone: (509) 943-7016**

Disclosure Statement for Patricia Inghram Curtis
(Also see the WA State brochure)

Patricia Inghram Curtis believes any therapy requires active participation and commitment on the part of the client in order to be effective. Her theoretical direction is based primarily on concepts from Viktor Frankl and Alfred Adler's work. J.L. Arndt, a Dutch psychologist saw evidence of learned self-pity underlying many psychological problems and originally suggested combating this learned, maladaptive behavior with humor.

After over 10 years as a technical writer in the software industry, Patricia and her husband moved to Austria in 1989. In 1994 Patricia began a psychology masters program at the University of Vienna. This program provided a solid base through cognitive, experimental, existential, statistical, neurological, genetic, and biology classes designed for psychology students. After completing two years, these studies were interrupted when she and her husband returned to the U.S. She obtained an M.Ed. in Counseling Psychology at WSU in December of 1999. At Counseling Services she worked with a wide variety of clients (toddlers, children, adolescents, adults, and couples) in areas of relationships, mood disorders, anger, PTSD, adjustment disorders, marriage issues, etc. Patricia has been a registered counselor in the state of Washington since March of 1998. In April of 2002 she became certified under the National Board of Certified Counselors, and then in June received licensed status in WA state. In January of 2005 she opened her own private practice.

License Number: LH00007538

Counselors practicing counseling for a fee must be registered or licensed with the department of health for the protection of the public health and safety. Registration of an individual with the department does not include a recognition of any practice standards, nor necessarily implies the effectiveness of any treatment.

The purpose of the Counselor Credentialing Act (Chapter 18.19 RCW) is: (A) To provide protection for public health and safety; and (B) To empower the citizens of the State of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct. Department of Health, Counselor Programs, P.O. Box 47869, Olympia, WA 98504-7869. Phone: (360) 664-9098.

You, as a client, have the right to choose a counselor who best suits your needs and purposes. Please see the [Counseling or Hypnotherapy Clients](#) brochure for further relevant information. If you are unhappy with what is or is not happening in therapy, please talk with me about it. I will take such concerns seriously as that kind of feedback helps me become a better therapist.

Confidentiality

Under the following situations, confidentiality must be broken:

1. When a child or elderly adult could be or has been harmed.
2. When it is believed the client is in danger of harming someone or causing self harm.
3. When counseling notes are subpoenaed by a court order.